

**ANNOUNCING LEVEL IV YURI HO 2019 INFORMATION-PLEASE
REPLY BY JANUARY 21, 2019**

Kibetsu Juyo - The Awarding of Kibetsu is the power to unbind your Seimei allowing it to receive the Kibetsu and Jyouka for levels I-III from Hongen. The definition of *Yuri Ho - level IV, is your* Seimei expanding from the physical body which is also advanced Seimei mental application and it begins with receiving *Shinri Kaimei – the opening of the Seimei mind from Hongen, followed by the experience of having Hongen expand your Seimei out of its physical body.* This is what happens in the Yuri Ho classes and so much more.

As you may know five Americans graduated from Level IV in 2018. Please feel free to contact them for their testimonials on how it has impacted their lives, their practice, and their Seimei by contacting the foundation for their information.

We are pleased to announce Level IV is continuing to be available to members in the USA. Below please find some information on the 2019 Level IV Journey to Japan.

YURIHO CLASS DATES 2019

April 6, 2019

May 4, 2019

June 1, 2019

July 6, 2019

September 7, 2019

As this is not a Seimei Foundation sponsored trip, we are providing some information to assist you in making the decision to receive the power of Level IV. This is a powerful and personal decision and a big responsibility on many levels. The awarding of Kibetsu for Level IV will be awarded each class and will remain your very own kibetsu when you graduate. If you do not graduate, you must repeat the classes to keep that level of Kibetsu.

Graduation Criteria includes:

- Participating in all 5 classes over six months
- Two practical exams; one juice changing, the other giving a session
- Theory: written exam word for word, memorized in English
- Working weekly on three people documenting the sessions and turning in the paperwork monthly to Japan
- Two Kakuseis within the time period of attendance of class (Between April and September1)

I have full confidence in being able to prep you for passing all exams and will assist you in any way that I can with your Kakuseis although the responsibility is yours as part of

integrating this incredible experience. This requirement helps you understand that this power is to share. Working on people and nurturing them helps develop an understanding of the importance of the Kakusei – Kakuseisha relationship. It will take an ongoing commitment of planning, time and support on your part to generate the interest and commitment of two people to go to Japan and then successfully complete Level I-III. You might wish to talk with other members who have successfully mentored others. If you are planning on going on to receive this Kibetsu, it is helpful to get started identifying people you can work on now.

I will be there to support the journey of each Hoju in Japan and afterwards in the U.S. Each member will have their own considerations for travel schedules and should make their own plans to accommodate their professional and personal lives during this sixth month process. Some people may make stops on the way, arrive early or stay late in Japan, etc. This is your opportunity to do it in your own style.

In summary, you are responsible for making your own travel arrangements to and from Saga Japan that works best for you. You will also be responsible for booking your own hotel accommodations for your stay in Saga. Sometimes hotels are full, so problem solving will be part of this journey! Consider booking your hotels immediately before anything else (and choose refundable fairs at this time)

Transportation to attend class on Saturday (from Saga) and to attend Festival Sunday up the mountain will be provided. I will be at all Level IV classes to translate.

Below are additional details:

1. Be in Saga on the dates listed below. Wherever you're staying, plan on arriving at the APA hotel lobby Saturday morning promptly at 9 am for pick up. A ride, for a small fee (cost depends on the number of people), will be provided to get up the mountain for classes, which will be at Shosenji-the big temple.
2. The basic schedule will look like this: arrive in Fukuoka and get to Saga by each Friday night before the Saturday class which is the first Saturday of the month. (The Festival is the next day on Sunday.) Meet at the APA hotel lobby. Get transported up the mountain for Level IV. There will be a stop going up the mountain to purchase fruit and lunch items to bring. Spend the night at Shosenji for the Shodaikai (overnight). Participate in the class. Have fun at the Festival. Return down the mountain with the group Sunday afternoon. Depending on who wants to participate, members can spend the night for another Shodaikai at Gemyoji Sunday night or return to your hotel. When you wake Monday morning, you will make your own plans to return to the states or wherever your travel plans may take you. Transportation will not be provided from Genmyoji (you take a bus or taxi.) Or, some people may leave Sunday after the Festival and get going on their own travel plans home from there. Transportation down the mountain in late afternoon Sunday WILL BE provided for a small fee. (Cost depends on number of people.) There will be one fee for transportation up and down the mountain.

3. If you are thinking about taking the class, it will be a commitment of five weekend classes. But, depending on where you live, it will be longer than that. Arrive, meet Saturday morning, get the power the first class, and then for four future classes, learn and practice the practical. You must commit to all five classes.

4. To graduate from Level IV, it is a Japanese requirement to have two (new Kakuseis) that are prepared to go to Japan within the 6-month period. As well as the graduating criteria listed above.

5. Classes are: April, May, June, July and Sept. (No class August, 2019) of 2019.

Class I: April: Arrive by 4.5.19 (Friday) & stay through 4.8.19 (Monday)

Class II: May: Arrive by 5.3.19 (Friday) – 5.6.19 (Monday)

Class III: June: Arrive by 5.31.19 (Friday) -6.3.19 (Monday) Stay for Gohonzon Ceremony Tuesday 7.4.19 if you wish

Class IV: July: Arrive by 7.5.19 (Friday) – 7.8.19 (Monday)

There is no August Class due to the Festival of Ancestors

Class V: Sept: Arrive by 9.6.19(Friday) -9.9.19 (Monday)

TIPS: when making your flights, remember the time change! You lose a day upon arrival, and gain a day on the return. This is critical for hotel reservations! (Consider applying for Global Entry, which clears you for TSA pre-check and quickens the inbound customs process (you by pass the line and use a finger print system.) Global Entry includes TSA pre-check and takes about 2 months to complete the process, which includes an interview at your local airport. <https://www.cbp.gov/travel/trusted-traveler-programs/global-entry>

If you are flying out from the West Coast, consider flying United through San Francisco through Haneda direct into Saga.

6. As you can see from the schedule, the physical demands on the body may be a challenge, so plan accordingly.

7. Preparation will be key to a successful trip. Here are suggestions from me: memorize the cycle, be able to complete the diagram of Mind/Body/Seimei, Practice Perfect Basic Form, Reflect on your own personal challenges with Seimei (chanting daily? PBF? Attending JK? Using your Seimei?) Plan to address these in preparation for more advanced practice. If you have trouble with your practice now, adding more Kibetsu is not going to be easy. Are you using the Kibetsu your Seimei has already been given? Additionally, prepare your body for travel and Level IV Kibetsu.

8. Financially, the class cost will be \$1,500.00 but transportation costs will be hefty, so think ahead about the commitment at all levels so you are “all in” when making the decision. Hotels, air, food, “door to door” expenses, are all

considerations for the overall budget, which you need to take time to total and assess. Do your own math depending on where you live.

9. Hotels: Because hotels book out very early in Japan (some already full in the summer and April) you could book those early and cancel within 24 hours of arrival if you aren't going. Due to a Festival in April, this month is the most expensive and sells out quickly. Saga is now very popular and May and June dates can be costly.

10. Bus/Train: The Express Airport bus goes from the Fukuoka airport but does not run after 10:30pm to Saga. It takes 70 m. and there is no bathroom on the bus. The bus runs back to Fukuoka airport directly. (It stops at the International Terminal first, and most members need to go to the Domestic terminal, which is the 2nd stop.) You can also train, but plan to transfer to the subway at Hakata station to take the last leg back to the airport.

11. Please send an email with your questions to Betsyseimei@gmail.com if you are in the Northeast, or Evastettner@gmail.com if you are in the Southwest. I will need to notify Japan with the names of the Level IV students, so please email me a commitment letter by **January 21, 2019**.

12. For those who are committed to Level IV, there will be separate emails coming out from me with the information on times and any changes. Start thinking about how you would use this power, then start visioning what needs to happen to manifest it. There is tremendous Jyouka behind this movement right now with Hiraki still in physical form.

Reminder: If you already know you are going, book your hotels NOW—they are filling up-- and watch for great fares. (But remember, a lot of the good fares have only center seats available and have very long layovers. Consider these things when booking.) Maybe go with a buddy.

If you are unable to attend Level IV in 2019, there may be another opportunity to take Level IV the following year. While it is hard to predict the future, keep that intention in your Hotsugan! If you are unsure about going, do discernment. We give our thanks to Hongen and Hojushu Houjukai in Japan for allowing us to the opportunity to work towards achieving higher levels.

Level IV is a gift. You will be able to use your increased Level IV Kibetsu to perform advanced discernment, use your power to work through points faster and deeper, and have sessions hold longer, develop relationships with mentors in Japan, integrate the power for manifesting intentions for you and your family, deepen your relationship with Hongen and your practice.

We would like everyone who would like to go and be able to have his or her needs met to make it happen! This will change everything about Seimei in the U.S. and your practice. Levels I-III are compulsory education in Seimei; Level IV

is like going to Graduate School. Please take time to make this important decision.

*Sincerely, The Seimei Foundation
Nicola Bertolo*

Yuri Ho Trip Expenses in Japan

- Airfare \$1500-\$2500
- Hotel \$42.00 up to \$200 (April's Festival) Friday Night, Sunday night (Can use your credit card)

(check out: www.agoda.com, www.expedia.com or your favorite)

- Bus from Fukouka Airport 1270 YEN one way \$2100 Roundtrip
- Car Rental \$65/month but varies due to size of rental needed for classmates (Pay in Yen)
- First Yuri Ho Class 70,000 YEN (April)
- Yuri Ho monthly \$20,000 YEN (May, June, July, September)
- Shoudoukai Saturday \$5000 YEN or \$7000 YEN including Sunday night
- Taxi to Gemyojii Temple \$2100 YEN one way approximately, less when it is a shared ride
- Meals, additional money for Saturday breakfast and lunch; Sunday lunch at Festival; Sunday evening meal; and travel day meals. (5,000 YEN)
- Hongen Dou Mediation Hall (1,000 Entry plus 500 for each wish (Nigai Goto)

First Trip Minimum: 90,800 YEN (No ATMs-bring Yen when you depart USA)

Second Trip Minimum: 40,800

Plus Kibetsu products in Temple store, ceremony on Festival Morning, Mitama re-charge

(Plan on bringing all yen with you, as there are no stops for ATMS and some do not work properly)

*****THESE ARE APPROXIMATE & ESTIMATES*****