

A large, abstract calligraphic background in a golden-yellow color, featuring thick, expressive brushstrokes that sweep across the page. The strokes are fluid and dynamic, creating a sense of movement and energy. The background is set against a light, neutral tone.

Learning Seimei

Body, Mind and _____

Almost all of us would agree that human beings have three elements, a Body, a Mind and a *Something*. This *Something* is identified as a Soul, a Spirit, a Vital Force, an Essence ...

Toshihisa Hiraki, Seimei's founder, makes it possible for anyone to connect with their *Something*, which he calls Buddha Nature. With the integration of all three elements (body, mind, and Buddha Nature) everyone can now function as a whole human being ... as a Seimei Practitioner.

One of the ways practitioners demonstrate Buddha Nature is to relieve the pain and discomfort in others. They are anxious to do this because their health improves simultaneously. A person experiencing this activity over time recognizes that benefit and wants it for themselves or their loved ones. They want to be a Seimei Practitioner too.

The Hojushu Empowerment Ceremony in Saga, Japan switches Buddha Nature on. Immediately after which anyone can remove another person's pain ... and much, much more. (The *Class Descriptions* provide a hint.)

Seimei Studies

Seimei requires no leap of faith or beliefs. It is a results-based modality. Practitioners develop confidence in their Buddha Nature through a do-to-learn curriculum. They observe a practical application (pain relief), perform the application under supervision, acknowledge the results and record them. It's that simple and just practice, practice, practice until it's perfected.

An introduction to practical application demonstrations is conducted at the Hojushu Hojukai Temple (a contemporary Buddhist sect in Japan with approximately fifteen thousand members at ten different temples throughout the country. The main temple is in Saga on the island of Kyushu.)

The Seimei Foundation (501c3), with about one hundred active practitioners, continues the demonstration curriculum in Morristown, NJ, Santa Fe, NM and the newest *Place of Jyouka*, in Tri-Cities, Washington (State.)

After successfully completing fifty hours of formal studies, the Foundation issues a *Certificate of Achievement* proclaiming the recipient a Level III Practitioner. The advanced do-to-learn curriculum continues with the emphasis on living as a whole human being ... as a Seimei Practitioner.

Hiraki recognized this transition would be a continuing endeavor and provides structure to insure correct development. The cornerstone of this sustaining process is the Jissenkai (jissen – practice, kai – meeting place. We quiet our minds through chanting, use 'perfect basic form' to manifest physical changes (taking away pain or changing the taste of juice) and share individual experiences using our enlightened Buddha Nature. Next, we focus on improving health by working on each other with learned applications and practicing new ones. We finish with sharing our unique skills on the general public.

The Jissenkai experience recharges our Seimei, builds confidence in our Buddha Nature and develops a supportive community of whole human beings.

(No special skills or talent are needed. However, a commitment to Seimei is required.)

Lead Teacher

Nicola Bertolo, Hojushu Monk and Level VIII Practitioner is the Leading Teacher and President of the US Foundation. Seimei is her chosen vocation for the past twenty-five years. She spent seven years on temple staff studying with the founder, Toshihisa Hiraki. He has designated her as Seimei Ambassador to the world outside of Japan. She currently mentors practitioners throughout the world. She also organizes *Seimei Adventures* to Japan for new and returning practitioners.

Learning Seimei: Overall Costs

Empowerment II (Kibetsu Juyo) Ceremony Dates:
See Calendar on www.seimeifoundation.org, or by request

Tuition (Ceremony and Classes): \$5,450

Air Fare (approximate): \$1,500-\$2,500

Personal Expenses (approximate): \$1,200-\$1500
(Additional ceremonies, membership dues for one year,
registration fee, accommodations, meals, personal extras)

Attending classes in the USA from out-of-the-area budget:
\$1,500 per class (approximate) - Travel, accommodations and
meals depending on location. See calendar for more
information. (Classes may be repeated by donation.)

The Seimei Adventure requires a completed application,
personal interview and payment ninety days before departure.

Class Description (50 hours)

Level I (Ten Hours)

- Perfect Basic Form

Practical Applications:

- One Point Pain Relief
- Emergency Procedure
- Changing the Taste of Juice

Mani Power Charms

Mani Power Bracelets

Level II (Twenty Hours)

- Pulling Viruses
- The Body's Systems
- Full Body Sessions
- *Level II* Practical Applications
- Using Seimei to Stay Healthy
- Science of Seimei Part One

Level III (Twenty Hours)

- Science of Seimei Part Two
- Mental Application
- Discernment
- Advanced Practical Applications
- Long Distance Applications and Sessions

Higher Levels Now Available!



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