

A large, abstract calligraphic background in a golden-yellow color, featuring thick, expressive brushstrokes that sweep across the page. The strokes are fluid and dynamic, creating a sense of movement and energy. The background is set against a light, neutral gradient.

Learning Seimei

Body, Mind and _____

Almost all of us would agree that human beings have three elements, a Body, a Mind and a *Something*. This *Something* is identified as a Soul, a Spirit, a Vital Force, an Essence ...

Toshihisa Hiraki, Seimei's founder, makes it possible for anyone to connect with their *Something*, which he calls *Buddha Nature*. With the integration of all three elements (body, mind, and Buddha Nature) everyone can optimize their human performance. Seimei teaches us how.

In Seimei, one of the ways practitioners demonstrate the power of Buddha Nature is to relieve the pain and discomfort in others. They are anxious to do this because their health improves simultaneously. A person experiencing this activity over time recognizes that benefit and wants it for themselves or their loved ones. They want to have their Buddha nature switched on.

The Hojushu Empowerment Ceremony in Saga, Japan turns on one's Buddha Nature. Immediately after the ceremony anyone can remove another person's pain ... and much, much more. (The *Class Descriptions* provide a hint.)

Seimei Study

New to Seimei? The Seimei Foundation (501c3), supports students from around the world. There are three Seimei Teaching Centers, called *Places of Jyoka*, in the USA: Morristown, NJ, Santa Fe, NM and in Richland, Washington state. The head of the Foundation is Nicola Bertolo, a Level VIII practitioner (there are 10 levels in Seimei.) The mission of the foundation is to share information about Seimei with the community and teach people how to utilize this untapped life force.

Seimei requires no leap of faith or belief. It is a results-based way of living. Practitioners develop confidence in their Buddha Nature through a do-to-learn curriculum. They practice different applications which can be used in everyday life, perform the applications, acknowledge the results and record them. It's that simple...and very fast and powerful. The membership is very diverse and the Founder purposely used pain to demonstrate the power of Buddha Nature because people of all beliefs and faiths have pain at one time or another.

A deeper introduction to the practical applications of Seimei are conducted at the Hojushu Hojukai Temple, a contemporary Buddhist sect in Japan with approximately fifteen thousand members at ten different temples throughout the country. (The main temple is in Saga on the island of Kyushu.) This is the location of the Empowerment II ceremony and the first ten hours of class are at the temple.

After successfully completing forty hours of formal studies in the USA, the Foundation issues a *Certificate of Achievement* proclaiming the recipient a Level III Practitioner which includes working long distance. The advanced do-to-learn curriculum continues with the emphasis on personal passions and sharing Seimei. After meeting practicum requirements, a student can move up the levels.

You do need support to practice Seimei to obtain the very best results. The Foundation provides structure to insure correct development. The cornerstone of this sustaining process is the Jissenkai (jissen – practice, kai – meeting place. We quiet our minds through chanting, use 'perfect basic form' to manifest physical changes (taking away pain or changing the taste of juice) and share individual experiences using our enlightened Buddha Nature. Next, we focus on improving health by working on each other with learned applications and practicing new ones. We finish with sharing our unique skills on the general public. Our health conditions are addressed by working on others.

The Jissenkai experience recharges our Seimei, builds confidence in our Buddha Nature and connects Seimei practitioners with each other a network.

No special skills or talent are needed to learn Seimei. However, a commitment to Seimei is required. An interview is required.

Lead Teacher

KOUKEN

Nicola Bertolo, Hojushu Monk and Level VIII Practitioner is the Leading Teacher and President of the US Foundation. Seimei is her chosen vocation for the past twenty-five years. She spent seven years on temple staff studying with the founder, Toshihisa Hiraki. He has designated her as Seimei Ambassador to the world outside of Japan. She currently mentors practitioners throughout the world and organizes *Seimei Adventures* to Japan for new and returning practitioners. Her Seimei's name is Kouken.

Here are some comments from people who thank her for bringing Seimei to the USA.

"There is no limit to what you can do with your Seimei. I've done everything from helping my son through a crisis to extending the life of my beloved dog, to getting my father up after a stroke. The more I use my Seimei, the more I realize how blessed I truly am." Member Since February 1, 2013

Non-members: "I can't thank you enough! My life has totally changed for the better now that I get regular sessions. People are talking to me. I don't have any more back pain. My acne cleared up. I'm spending more time with my parents. I know this is all because of Seimei, because I'm not doing anything else different. Can Seimei get me a girlfriend? I feel happier and more hopeful. All the medicines I've taken for so many years for depression have not helped me as much as my ten sessions of Seimei. Thank you, thank you, thank you." Twenty-year old man with disabilities. March 1, 2013.

"You were the most wonderful help for me and I can't say enough about how I feel about your sincere help even though I wasn't a believer that Seimei would work on my injuries, trauma, and emotional distress from falling off my garden wall. Thank you doesn't seem like the right word. Seimei was the only thing that worked out of everyone who tried everything coming to the house. It didn't just work, it Really Worked. L.S., 9/2016

Learning Seimei: Overall Costs

Students are required to go through Empowerment I in the USA before going to Japan. Full payment and a plane reservation is required at that time. Please contact the regional director in your area for more information.

Empowerment I (USA) and II (Japan) Ceremony Dates:
See Calendar on www.seimeifoundation.org, or by request

Tuition (Ceremony and Classes): \$5,450

Air Fare (approximate): \$1,500-\$2,500

Personal Expenses (approximate): \$1,200-\$1500
(Additional ceremonies, membership dues for one year, registration fee, accommodations, meals, personal extras)

Attending classes in the USA from out-of-the-area budget:
\$1,500 per class (approximate) - Travel, accommodations and meals depending on location. See calendar for more information. (Classes may be repeated by donation.)

The Seimei Adventure requires a completed application, personal interview and payment before departure.

Questions? On the home page of the website are the phone numbers of the regional directors and on the back page. They conduct interviews for application to Japan and membership in the USA. www.seimeifoundation.org

Class Description (50 hours)

Level I (Ten Hours) in Japan

- Perfect Basic Form

Practical Applications:

- One Point Pain Relief
- Emergency Procedure
- Changing the Taste of Juice

Business Applications and Personal Health: Mani Power items
See: www.manipower.com

Level II (Twenty Hours)

- Pulling Viruses
- Systems of the Body
- Full Body Sessions
- *Level II* Practical Applications -Personal Interests
- Using Seimei to Stay Healthy
- Science of Seimei Part One

Level III (Twenty Hours)

- Science of Seimei Part Two
- Mental Application
- Discernment
- Advanced Practical Applications
- Long Distance Applications and Sessions

Higher Levels Now Available after Practicum Completion

Questions?

Contact the following Regional Directors for more information

Email: seimeifoundation@gmail.com

Phone: 973.427.4530

Website: www.seimeifoundation.org

NJ Contact & Seimei Foundation President: Nicola Bertolo

908.672.5126

nicola.seimei@gmail.com

Santa Fe Volunteer Coordinator: Dr. Alexandra Bakos

505.577.7511

alexandra.bakos@yahoo.com

Washington Volunteer Coordinator: Joan Woolard

509.430.8867

light10up@gmail.com

"When you make the actions of Seimei your own, your life will change dramatically. Make no mistake your life will be magnificent! If you can make these infinite actions of Seimei your own, then not only your Seimei, but also your family as one Seimei unit, gets stronger!"

(Hiraki Kaiso, 1991 Teacher's Summit)

"I didn't know what I didn't know. Powerful, beautiful, blissful; but so effective! Just go get this for yourself and your family!" Hallie Pinson, upon new membership