

# Body, Mind and \_\_\_\_

Almost all of us would agree that human beings have three elements, a Body, a Mind and a *Something*.

Toshihisa Hiraki, Seimei's founder, makes it possible for anyone to connect with their *Something*, which he calls Buddha Nature. Hiraki equates one's Buddha Nature of Seimei with the "vital force behind your life". With the integration of all three elements (body, mind, and Buddha Nature) everyone can optimize their human performance. Seimei teaches us how.

In Seimei, one of the ways practitioners demonstrate the power of Buddha nature is to relieve the pain and discomfort in others. They are anxious to do this because their health improves simultaneously. A person experiencing this activity over time recognizes that benefit and wants it for themselves or their loved ones. They want to have their Buddha nature switched on.

The Kibetsu Juyo Ceremony in Saga, Japan turns on one's Buddha Nature. Immediately after the ceremony anyone can remove another person's pain...and much, much more. (The Class Descriptions provide a hint.)

## Seimei Study

New to Seimei? The Seimei Foundation, a 501(c)(3) educational organization, supports students from around the world. There are currently three Seimei Study and Practice Centers, called Places of Jyoka, in the USA: Morristown NJ, Santa Fe NM, and in Richland, Washington State.

Foundation Vision: Everyone Using Their Seimei, in Myogo with Hongen, Creating a Sustainable World

Foundation Mission: Pioneering World Change by Using Our Seimei and Helping People Integrate the Actions of Seimei Into All Aspects of Their Lives.

Seimei requires no leap of faith or belief. It is a results-based way of living. Students develop confidence in their Buddha Nature through a do-to-learn curriculum. They practice different applications which can be used in everyday life, perform the applications, acknowledge the results and record them. It's that simple...and very fast and powerful. The Founder purposely used pain relief to demonstrate the power of Buddha Nature because people of all beliefs and faith have pain at one time or another.

A deeper introduction to the practical applications of Seimei are conducted at the main Hojushu Hojukai (our parent organization) temple in Japan. Hojushu Hojukai is a contemporary Buddhist organization with about fifteen thousand members at ten different temples throughout the country. (The main temple is in Saga on the island of Kyushu). This is the location of the Kibetsu Juyo Ceremony (awarding of the power) and the initial Level 1 classes (< 10 hours).

## Seimei Study

Students continue their studies and practice in the USA, taking classes for Level I – III. After successfully completing fifty hours of formal studies, the Foundation issues a Certificate of Achievement proclaiming the recipient a Level III Practitioner which includes working long distance. The advanced do-to-learn curriculum continues with the emphasis on personal passions and sharing Seimei. After meeting certification and practicum requirements a student can move up the levels. More serious students can obtain liability insurance from ABMP after meeting these requirements.

You do need support to practice Seimei to obtain the very best results. The Foundation provides structure to insure correct development. The cornerstone of this sustaining process is the Jissenkai (jissen – practice, kai – meeting place). We quiet our minds through chanting, use "perfect basic form" to manifest physical changes (taking away pain or changing the taste of juice) and share individual experiences using our Buddha Nature. Next, we focus on improving health by working on each other with learned applications and practicing new ones. We finish with sharing our unique skills on the general public. Our health conditions are addressed by working on others.

The Jissenkai experience recharges our Seimei, builds confidence in our Buddha Nature and connects Seimei practitioners creating a community network.

No special skills or talent are needed to learn Seimei. However, a commitment to Seimei is required.

A twice daily Zoom chant program is available at no charge for members to practice the four foundational disciplines of Seimei.

### Kouken

Nicola Bertolo Hojushu Monk and Level VIII Practitioner, is the Spiritual Lead and President of the USA Seimei Foundation as well as the Lead Instructor. Seimei is her chosen vocation for the past twenty-eight years. She spent seven years on temple staff studying with the founder, Toshihisa Hiraki. He has designated her as Seimei Ambassador to the world outside of Japan. She currently mentors practitioners throughout the world and organizes *Seimei Adventures* to Japan for new and returning practitioners. Her Seimei's name is Kouken, which means the scent of self-expression.

Here is a story from a current member describing the impact that Seimei has had on her life.

I tried Seimei because I was near death and desperate. As a scientist I was skeptical; however, Seimei turned me around and I had hope for the first time as nothing else worked. I was told I needed to learn it for myself to really heal my health conditions. Going to Japan for Levels I – III was amazing, taking the classes and learning to use my Seimei was life changing. I soon realized that the more I used my Seimei the better I felt. After realizing that Seimei has its own set of natural laws, the scientist in me craved to know more. As I progress up the levels with the support of Japan and Kouken, I have become an explorer of a totally different dimension of reality and found out that Seimei is not just a healing technique. Everyone is waiting for the next generation of this or that technology. However, I have a power source within me, that if used correctly and with consistency, can change physical reality. Now that is amazing. Thank you Kouken for saving my life and setting me on the adventure of a life time. Joan 2021

## **Learning Seimei: Overall Costs**

Students are required to go through the Kari Kibetsu Ceremony (lending of the power) in the USA before gong to Japan. An interview with the Regional Lead, completed application, full payment and a plane reservation to Japan is required prior to this ceremony.

Kari Kibetsu Ceremony (USA), Kibetsu Juyo Ceremony (Japan), and Class Schedules: <a href="https://www.seimeifoundation.org">www.seimeifoundation.org</a>, or by request

Tuition (Ceremony and Classes): \$5,450 (Classes may be repeated for a nominal fee)

Air Fare (approximate): \$1,500 - \$2,500

Personal Expenses (approximate): \$1,200 - \$1,500 (Additional ceremonies, membership dues for one year, registration fee, accommodations, meals, personal extras)

Travel for attending classes in the USA: ~\$1500 per class (airfare, accommodations, and meals depending on location)
Training centers located in New Jersey, Santa Fe, and Richland WA

The Seimei Foundation also provides continuing training and opportunities for practitioners to further their skills and deepen their practice. Members contribute financially to the Foundation for the value received from these programs. The twice daily Zoom chant program is available at no charge to members and the public.

Questions? The phone numbers for the Regional Leads are on the back page of this document and can be found on the website home page <a href="https://www.seimeifoundation.org">www.seimeifoundation.org</a> of this document.

# Class Description (50 Hours)

#### Level I (Ten Hours) in Japan and USA

- Perfect Basic Form
- One Point of Pain Relief
- Emergency Procedure
- Changing the Taste of Juice
- Using the Mani Power Charms

#### Level II (Twenty Hours)

- Pulling Viruses
- Systems of the Body
- Full Body Sessions
- Personal Interests
- Using Seimei to Stay Healthy
- Science of Seimei Part one

### Level III (Twenty Hours)

- Science of Seimei Part Two
- Mental Applications
- Discernment
- Advanced Practical Applications
- Long Distance Applications and Sessions

Higher Levels Now Available after Certification and Practicum Completion

# **QUESTIONS?**

### Contact the Regional Leads listed below for more information

Email: seimeifoundation@gmail.com

Phone: 973-427-4530

Website: www.seimeifoundation.org

NE Regional Lead: Jack Haller

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